

HMB (2024-5): What is my best starting lineup?

HMB Boys Varsity: Optimized Starting Lineup Analysis

Based on the statistical data provided for HMB Boys Varsity (HMB), the most effective starting lineup is built around high-volume scoring efficiency, perimeter spacing, and rebounding dominance. This lineup maximizes the team's offensive rating (101.7) while maintaining a high defensive intensity.

The Recommended Starting Five



#0 Gio
Guard / Primary Scorer

- 18.2 PPG
- 63.6% EFG%
- 2.78 A/TO Ratio



#4 Ash
Forward / Rebounder

- 18.2 PPG
- 16.4% Reb%
- 59.6% TS%



#35 Pax
Shooting Guard / Spacer

- 39.4% 3Pt%
- 8.8 PPG
- 1.80 A/TO Ratio



#15 Dan
Versatile Forward

- 9.2 PPG
- 5.00 A/TO Ratio
- 57.9% 2Pt%



#25 Lev
Playmaker / Wing

- 7.3 PPG
- 24 Total Assists
- 1.31 VPS

Lineup Rationale

This lineup is selected based on three critical factors from the data:

- **Dual-Threat Scoring:** Gio and Ash provide a formidable 1-2 punch, both averaging 18.2 PPG. Gio is the elite finisher (87.5% at the rim), while Ash provides the physical presence to generate second-chance opportunities.
- **Elite Ball Security:** This lineup features Dan, who boasts a staggering 5.00 Assist-to-Turnover ratio, and Pax, who spaces the floor with a 39.4% three-point percentage. This ensures high-quality possessions and prevents fast-break opportunities for opponents.
- **Versatile Playmaking:** Lev leads the team in total assists (24) alongside Gio (25). By starting both, HMB ensures that ball movement remains fluid, evidenced by the team's high 77.7% Assist percentage.

Dynamic Pace and Bench Depth

HMB plays at an aggressive pace, averaging 16.75 seconds per possession. This starting unit is conditioned for high-minute loads, with Gio, Ash, Pax, and Lev all averaging over 26 minutes per game.

Bench Support: #22 Madd and #24 Caiden are the primary rotation pieces. Caiden provides relief for the forwards with a strong 10.2% Rebound rate, while Madd offers extreme efficiency in short bursts, shooting 100% on 2-point attempts in his appearances.

Areas for Improvement

The team currently has a negative Net PPP (-0.07) and a negative point differential (-26). The starting lineup must focus on reducing the opponent's 2-point percentage (currently 55.8%) and improving defensive rebounding (60.6%) to secure more defensive stops.

